

LEAP^P

ANNUAL REVIEW

2019



A snapshot of LEAP activity in 2019

PREGNANCY

CAN
124



Eligible women booked onto Community Activity and Nutrition (CAN) getting support to adopt a healthy diet and lifestyle

FAMILY NURSE PARTNERSHIP
31

Women supported by a Family Nurse

BABY STEPS
41

Babies born to parents attending

CASELOAD MIDWIFERY
239

Babies born to women participating in the service

LEARNING

MAKING IT REAL
207

Home visits



SPEECH & LANGUAGE THERAPY
311

Practitioners trained

DOORSTEP LIBRARY
2,635

Books lent /swapped



NATURAL THINKERS
278

LEAP children under 4yrs participated in activities

BIG LITTLE MOMENTS
37,488

Unique visitors to website



HEALTH

BREASTFEEDING PEER SUPPORT NETWORK
120

New LEAP women participated in the service



ORAL HEALTH
76

Practitioners attended information/training sessions delivered for STB*



HEALTHY LIVING PLATFORM
255

Cook and eat sessions



ENVIRONMENTAL HEALTH
65

Visits to engage key out of home food establishments



BONDING

PARENT AND INFANT RELATIONSHIP SERVICE (PAIRS)
TOGETHER TIME
24



WWW** group sessions delivered

1-2-1
34

Families supported by the service

CIRCLE OF SECURITY
25

New LEAP families attended first group session



STRESSES

OVERCROWDED HOUSING SERVICE
168

Home visits



GAIA ENHANCED CASEWORKERS
43

New clients (mothers) supported

ST. MICHAEL'S FELLOWSHIP GROUP WORK
57

Group sessions delivered

DOMESTIC VIOLENCE - WORKFORCE
62

New practitioners attended training sessions

PRACTITIONERS

WORKFORCE
342

LEAP early years practitioners trained to better support children's communication and early language



WORKFORCE
94

Training events delivered by LEAP



CONNECTING

COMMUNITY EVENTS***
663

LEAP family contacts



288
Community activities & events

677
Contacts with children under 3

681
LEAP Parent/Carer contacts

PARENT CHAMPIONS
37

Parents enrolled in PC training



PARENT CHAMPIONS
1,120

Number of volunteering hours

PARENT CHAMPIONS
28

Parents completed PC training



COMMUNITY AWARDS
11

Projects funded



COMMUNITY AWARDS
£22,000

Awarded

* Supervised Toothbrushing
** Watch, wait and wonder
*** Families may have attended more than one event



Update from the Director

As we mark the halfway-point of the programme, we have much to celebrate from 2019.

Here are just a few highlights!!

We welcomed 41 LEAP babies from our new Baby Steps programme, designed to support families in the early stages of parenthood and reduce the stress that often affects new parents. Our first Healthy Choices Award was presented to a food outlet offering better choices and amenities for families; and we launched our Community Awards scheme funding parent and community-led projects across our four wards. Our Big Little Moments campaign promoted healthy brain and emotional development; and our first dads completed the 'Game of Two Halves' parenting programme, designed to empower and educate fathers.

Work on our capital projects is almost complete, with all but one of 11 sites refurbished. Among improvements, visitors to St Stephen's Children's Centre now have access to an additional floor, providing much needed space for groups and training; Max Roach has a bespoke buggy store; and Jubilee Children's Centre a garden room, providing additional space for families and practitioners.

Demonstrating our commitment to sharing knowledge and good practice, we hosted a range of academic, political, royal and community visitors, notably to showcase the work of the Parent and Infant Relationship Service (PAIRS).

As well as varied practitioner training we prioritised tackling Adverse Childhood Experiences (ACEs). Traumatic experiences that occur before the age of 18 can have a significant impact, often lasting into adulthood. Our event for 200 Lambeth professionals explored the science behind ACEs and how interventions can support resilience. Work in this area continues in partnership with the Council.

It's impossible to cover the entire breadth of achievement in such a small space, so do please visit our website to find out more about services for families and support for professionals, and to keep up to date with our news.

I'd like to thank our families, communities and professionals for their continued support, engagement and efforts to develop and deliver high quality services.



Laura McFarlane
www.leaplambeth.org.uk

HELP FOR FAMILIES

- Pregnancy
- Health
- Bonding
- Learning
- Connecting
- Stresses
- Big Little Moments

TRAINING FOR PROFESSIONALS

- Communication and language development
- Diet and nutrition
- Social and emotional development
- Whole service

